



3191 Riverside Drive
Ottawa, ON K1V 8N8
613-733-7735



Presents:

“CONNECTING SENIORS”

Tuesday, March 18, 2025

10:00 to 11:30 a.m.

An opportunity for seniors to gather for coffee/tea, for conversation, and to explore a topic with a guest speaker. This program is open to all in the community.

Compassionate Communities

**Presentation by Charles Barrett
on behalf of Compassionate Ottawa**

Compassionate Ottawa is a community movement that works to change the way we think about living well, dying, death and grief and to strengthen the capacity of people to care for each other in times of serious illness and loss. We passionately believe that everyone should have the opportunity to enjoy wellness and self-respect until the end of life.



Riverside is fully accessible

