



3191 Riverside Drive Ottawa, ON K1V 8N8 613-733-7735



Presents:

"CONNECTING SENIORS" Wednesdays in November 10:00 to 11:30 a.m.

An opportunity for seniors to gather for coffee/tea, for conversation, and to explore a topic each week with a guest speaker. This program is open to all in the community.

Wednesday, November 6th: Councillor Riley Brockington,

River Ward - City Affairs

Wednesday, November 13th: George Brown, lawyer – legal

Matters Wills, power of attorney, etc.

Wednesday, November 20th: Your Heart Health

Marion Martel and Sue Armstrong

Wednesday, November 27th: Constable Marcus Cibischino,

Ottawa Police Services – scam

prevention





Riverside is fully accessible